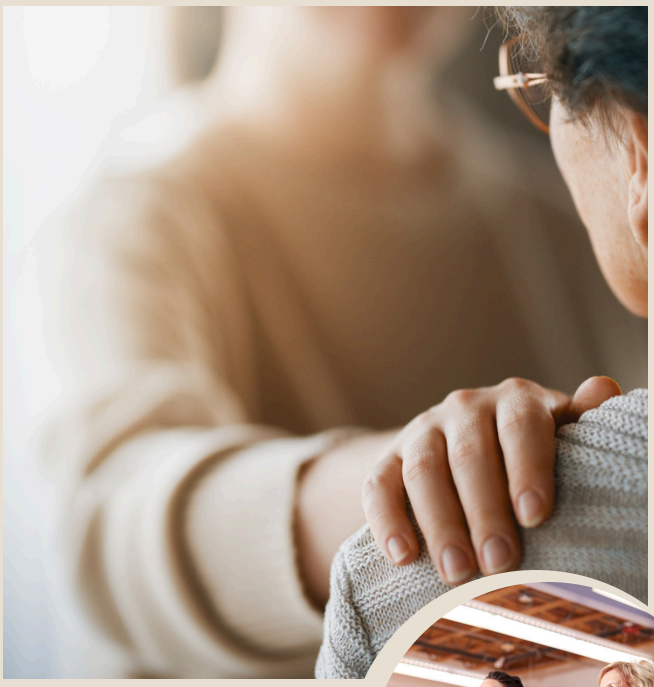
THE MANY DIMENSIONS OF CAREGIVING: LONG COVID & ME/CFS

A PRACTICAL WEBINAR FOR CAREGIVERS

When illness changes what someone can do from day to day, caregiving can involve more than practical help.

This webinar is for partners, family, friends, and others supporting someone with Long Covid or ME/CFS.

It explores how to support rest and connection, respond to fluctuating capacity, and attend to your own needs along the way.





TOPICS

CHANGING CAPACITY

CONNECTION & AUTONOMY

CAREGIVER WELL-BEING

Presented by:

Dr. Paula Miceli, C.Psych.

Email drpaulamiceli@gmail.com or Scan to Register:

EVENT DETAILS:

1 DEC 2026

TIME: 6:00 PM - 7:30 PM EST

COST: $70.00

VIA ZOOM
LINK PROVIDED AT REGISTRATION

www.drpaulamiceli.com